



General Grant Programme

Projects Funded 2017-2018



Core Staff Training
Dundee Age Concern

Dundee Age Concern runs a day centre for over 100 older people in the Dundee and Broughty Ferry area. They provide escorted transport, fresh nutritious food prepared on site, a wide range of activities and a safe, welcoming environment. This grant meant that staff and volunteers keep up to date with training in food hygiene, health and safety and best practise in dementia care.



Intergenerational Skills Sharing Café
Impact Arts

Following the success of intergenerational work with primary schools, Govan Craft café worked alongside young people from Govan High School to share crafting skills and digital skills respectively. Feedback showed not only an increase in skills but the establishment of intergenerational mutual respect and the formation of positive social networks.



Hanover Court Social Group

The residents of Hanover Court have formed a social group to improve social mobility within their sheltered housing, complex; to bring the residents of other sheltered housing complexes together for social events and to strengthen ties with the local community. The social group want to include as many people as possible to improve confidence and quality of life.



Elderly Support Service
Hand of Solace

A new support service in Aberdeen city aimed at supporting older people to identify and get to local activities with others. It includes a befriending service, help for older people with a language barrier to integrate, provision of tea and coffee mornings with transport, assistance with filling in forms, gaining confidence to leave their homes and participate in social activities.



Supporting Each Other
Young at Heart Club

This group based at Whitlawburn Community Resource Centre and works with Royston Youth Action to provide a structured day of activities for isolated older people, including a freshly cooked lunch, craft activities, guest speakers, singing events with local primary schools and games afternoons. Members have a variety of needs, all of which are catered for. Members describe the club as a lifeline.



Whit-Fit
West Whitlawburn Housing Co-operative

A health and fitness pilot for older people in the community incorporating a fitness class tailored to the needs of older people. It incorporates a 'meet and eat' session afterwards in a social setting with soup and a sandwich provided.



Good Start
Paisley Housing Association

Paisley Housing Association received funding to help their 'Good Start' project aiming at providing additional support for new tenants moving from homelessness. This includes flooring for two rooms, welfare rights and income maximisation advice, signposting to other support agencies and tenancy support.



Keeping Older People Socially Active in Kintyre
Shopper Aide

Provision of support services to older people in Campbeltown, helping them to remain in their own homes. Includes a shopping delivery service, prescription collection, housekeeping assistance, transport and escorting to appointments, social activities and support for individuals with dementia and their carers.



Hanover Inverbervie Club

This social group was formed after the successful pilot at Hanover Court. Having seen the positive impact made by a similar group, this group was formed with the help from Hanover Housing and is working towards an inclusive activity programme for their own and other complexes.